



Weekly Teen Torah

TRAINING OUR YOUTH TO BE SONS AND DAUGHTERS OF THE COMMANDMENTS

"If you love me, keep my commandments." ~Yeshua [John 14:15]

PORTION IN A NUTSHELL – BESHALACH

Pharaoh let the people of Israel go from bondage in Mitsrayim. Yahweh didn't lead the people through the way of the Philistines (the quick and easy route) because he didn't want them to see war and be discouraged and try to return to Mitsrayim. They took the bones of Joseph with them and journeyed to Succoth on the edge of the wilderness. Yahweh led the people with a pillar of cloud by day and a pillar of fire by night. Then the people camped by the sea. Yahweh hardened Pharaoh's heart and the servant's hearts and they wanted to catch the Israelites. Pharaoh's army went after the

Israelites and surrounded them by the sea. Moshe told the Israelites to "fear not, stand still, and see the salvation of Yahweh. Yahweh will fight for you and you will hold your peace." Yahweh told Moshe to lift up his rod and stretch it to the sea and divide the sea. The children of Israel walked through on dry ground. The water made a wall on either side. Pharaoh's army went after the Israelites and Yahweh took off their chariot wheels. Moshe stretched his rod out again and the army was overthrown in the midst of the sea. Israel believed in Yahweh's power and Moshe and the Israelites sang a song to Yahweh and Miriam and the women played timbrels and danced together. Soon after, in Marah they found that the water was bitter. The people were thirsty. Yahweh showed Moshe a tree that would make the water sweet when he dipped it in. The water became sweet. Soon after, the people became hungry and complained. Yahweh rained bread (manna) from heaven for them. He told them to gather it every day to eat. He told them not to store any except for on the 6th day they were to store enough for Shabbat (the Sabbath). Yahweh gave the people manna in the morning and quails to eat in the evening. Those who tried to store the manna found that it rotted and stank. Those who gathered little had enough and those who gathered much had nothing left over. Some people tried to gather it on the Sabbath and Yahweh provided nothing on the Sabbath. He wanted the people to rest. Yahweh had the people place a pot of manna into the ark of the testimony to be kept. Israel ate manna for 40 years. The people were thirsty again when they journeyed from the wilderness of Sin. They complained. Moshe cried unto Yahweh. Yahweh sent water from a rock for the people to drink. Soon after, Amalek fought with the Israelites. Moshe had Joshua choose men to fight. Moshe held up his rod during the battle. When Moshe held his hand up, Israel won and when he put his hand down, Amalek won. Moshe's arms were tired. Aaron and Hur held up Moshe's hands and Joshua's army defeated Amalek.

THINGS TO PONDER...

Genesis 2:2-3 "and on the seventh day Yahweh ended His work, which he had made; and he rested on the seventh day from all His work, which he had made. And Yahweh blessed the seventh day, and sanctified it, because that in it He had rested from all His work, which Yahweh created and made."

Exodus 20:6-11 "Remember the Sabbath day, to keep it holy. Six days shall thou labor and do all thy work. But the seventh day is the Sabbath of Yahweh thy Elohim: in it thou shall not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates. For in six days Yahweh made heaven and earth, the sea and all that is in them, and rested the seventh day: wherefore Elohim blessed the Sabbath day, and hallowed it."

The Big 10: 101

The Forgotten Commandment

The Ten Commandments is one of the first things taught to us as we begin to learn Yahweh's ways. Which one of these commandments has been forgotten?



The Ten Commandments are found in Exodus 20:1-17.

- 1) Thou shall have no other gods before me.
- 2) Thou shall not make unto thee any graven image.
- 3) Thou shall not take the name of Yahweh in vain.
- 4) Remember the Sabbath day, to keep it holy.
- 5) Honor thy father and thy mother.
- 6) Thou shall not kill.
- 7) Thou shall not commit adultery.
- 8) Thou shall not steal.
- 9) Thou shall not bear false witness.
- 10) Thou shall not covet.

The answer is: the fourth commandment. Isn't it interesting that Yahweh didn't start out the fourth commandment like the others? He didn't say, "Thou shall keep the Sab-bath day." Instead He said, "Remember the Sabbath day." When someone tells you to remember something, it is usually because you are prone to forget. This is a com-mandment that the children of Yah struggled to remember then and the children of Yahweh continue to struggle with the Sabbath now.

Weekly Scripture Study

Who kept the Sabbath first? [Genesis 2:2-3] _____

What was the first commandment *established* with the Israelites after leaving Israel? [Exodus 16:23] _____

In the Ten Commandments, is the Sabbath commandment the 1st, 2nd, 3rd, 4th, 5th...? [Exodus 20:1-17] _____

What does Yahweh promise to the Gentiles who keep His Sabbath? [Isaiah 56:2-8] _____

In Hebrews 4:1-11 we are again reminded to keep Yahweh's Sabbath. If you hear His voice, what does He ask you NOT to do? [Hebrews 4:7] _____

Questions about: Sabbath

Sabbath means rest. Sabbath is a day that is set apart (sanctified) for rest and worship.

What day is the Sabbath of Yahweh?

Leviticus 23:3, "Six days shall work be done: but the seventh day is the Sabbath of rest, a holy convocation; ye shall do no work therein: it is the Sabbath of Yahweh in all your dwellings."

Check this out: Look at the calendar and find the seventh day.

Interesting fact: On the Hebraic calendar a day starts and ends when the sun goes down. Yahweh's Sabbath starts on Friday night and ends on Saturday night. This is the seventh day of the week.

Check This Out

Heb: **Shabbat**

Eng: **Sabbath**

Heb: **Shabbos**

Eng: **Sabbaths**

Heb: **Shabbat**

Shalom

Eng: **Have a peaceful Sabbath**

Heb: **Mashiach**

Eng: **Messiah**



TORAH CHALLENGE

Can you remember the books of Torah in English and in Hebrew?

HEBREW

ENGLISH

B'reisheet

Shemot

Vayikra

Bamidbar

Devarim

Mission: POSSIBLE

Shabbat Shalom!

Hebrews 4:1-11 Let us therefore fear, lest a promise left us of entering into his rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them, but the word preached did not profit them, not being mixed with faith in them that heard it. For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world. For he spoke in a certain place of the seventh day on this wise, and Yahweh did rest the seventh day from all his works. And in this place again, If they shall enter into my rest. Seeing therefore it remains that some must enter therein, and they to whom it was first preached entered not in, because of unbelief: Again he limits a certain day, saying in David, Today after so long a time; as it is said, Today if ye will hear his voice, harden not your hearts. For if Yahshua had given them rest, then would he not afterward have spoken of another day. There remains therefore a rest to the people of Yahweh. For he that is entered into that rest, he also hath ceased from his own works, as Yahweh did from His. Let us labor therefore to enter into that rest, lest any man fall after the same example of unbelief.

HEBREW LANGUAGE



ZAYIN: Zayin (or Zion) sounds like the letter “Z” and it has the numerical value of 7; it means food, cut, nourish, and weapon. It represents the Olive Tree.



HET: Het (or Chet) sounds like “H” and has the numerical value of 8; it means outside, divide, and half. It represents the fence.

Torah Portion This Week

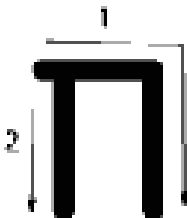
BeShalach in Hebrew means **“WHEN HE SENT”** and is written in Hebrew below.

בשלח “when he sent”

W R I T E I T . . .



*The numbered arrows show the order and direction for drawing the lines.



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